



The core Heavy AmericaA sound finds its influence in a diverse blend of rock idioms, from the expertly performed progressive rock circles to the edgy and incisive sounds of alternate rock rebellion. Blend in a pinch of stoner rock, and the listener has transcended the run of the mill, stagnant musical forms that occupy a good deal of the digital music we hear today. Yet, Heavy AmericaA manages to defy the conveniences of category, presenting an arsenal of sounds and moods while unlocking a natural ability to employ a fiery insurgency across the seemingly endless styles the band works within.

**Mike Seguin**- Guitars, Lead Vocals, Keys

**Dan Fried**- Drums, Percussion, Vocals

**Budd Lapham**- Bass, Vocals

#### PRESS

*"The performances of Mike, Dan and Budd are inspired and sincere, there's a real timeless quality to the music here. They take all of the proper elements of good hard rock and slap you in the face with them. That's good; I can get behind that."* -**Jamsphere**

Heavy AmericaA has received airplay on college/non-commercial radio stations across the country including:

KALX Berkeley CA	WHFR Dearborn MI	WRHU Hempstead NY
Lasell Newton MA	WITR Rochester NY	WRRC Lawrenceville NJ
WARY Valhalla NY	WLFR Galloway NJ	WRRW Williamsburg VA
WBNY Buffalo NY	WMCO New Concord OH	WRUR Rochester NY
WCWM Williamsburg VA	WMEB Orono ME	WTCC Springfield MA
WDWN Auburn NY	WMMT Whitesburg KY	WUEV Evansville IN
WECI Richmond IN	WMPG Portland ME	WUMD North Dartmouth MA
WERA Arlington VA	WNDY Crawfordsville IN	WUML Lowell MA
WERU East Orland ME	WNIA Rocky Mount NC	WVCW Richmond VA
WESS E. Stroudsburg PA	WPKN Bridgeport CT	WWHR Bowling Green KY
WFDU Teaneck NJ	WPNR Utica NY	WWSU Dayton OH
WGFR Queensburg NY	WPTS Pittsburgh PA	WWUH West Hartford CT
WHCL Clinton NY	WRBC Lewiston ME	WXAV Chicago IL

[www.heavyamerica.us](http://www.heavyamerica.us)

## HEAVY AMERICA

### ...Now

01. Proud Shame
02. Bleed Mary
03. Pray For Me
04. Sweet Kisses
05. Casting Stones
06. Goliath
07. I Can Take It
08. Heavy Eyes
09. Achilles Fail

MP3s: [tinyurl.com/lqoypwu](http://tinyurl.com/lqoypwu)

Engineered and Produced by MTS  
Recorded at Room 19 Studio, Boston, MA

#### PUBLICITY

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